

# Cooking Around the world

Fall Trimester September 4<sup>th</sup> – October 30, 2019

Most of the recipes that we will be cooking but these are subject to change as I get a feel for the class. The dishes will be authentic and children will be encouraged to try new things but I will incorporate simpler dishes that most kids should enjoy. **PARENTS: Please let me know of any food allergies up front so that we could accommodate.**

Week 1 we will visit China  
Egg drop soup and egg rolls

Week 2 we will visit Germany  
Bratwurst and soft pretzels

Week 3 we will visit Nigeria  
Jollof rice and fried plantains

Week 4 we will visit Italy  
Minestrone soup and individual pizzas

Week 5 we will visit Mexico  
Salsa and enchiladas

Week 6 we will visit South Africa  
Bobotie and sweet potato fritters

Week 7 we will visit Brazil  
Feijoda and ambrosia

Week 8 we will visit Canada  
Maple chicken and blueberry crisp

Week 9 we will visit The Neatherlands  
Erwtenseop and olliebollen